If we could change ourselves, the tendencies in the world would also change. As a man changes his own nature, so does the attitude of the world change toward him. We need not wait to see what others do.

-Mahatma Gandhi
Dr. Mamta Swaroop was featured in the January 2018 issue of O Magazine as a leader in the community, advocating and teaching first responder courses to empower the community.

HBO VICE News February 12, 2017

NBC 5 Chicago January 10, 2017

Chicago Tribune February 23, 2017

ABC News January 27, 2017
OUR STORY

Sadanah helps grassroots organizations build sustainable access to healthcare around the globe.

We are inspired by the actions of my Massi (maternal aunt) who opened her home to distressed women and always encouraged me to care for those who were forgotten or overlooked by society.

Through the creation of the Sadanah Foundation, my hope is to continue her essence of and my family, by always giving and not forgetting. This passion drove Sadanah to fund and oversee the TRUE (Trauma Responders Unify to Empower) Communities Course, a free class equipping Chicago with the knowledge and skills to aid victims of trauma before paramedics arrive. Heartened by the success of TRUE Communities, we now fund and oversee two additional community driven projects: the first, aiming to build the infrastructure necessary to prevent and treat traumas in Bolivia, and the second, training first responders and promoting the efforts of community health workers in a rural Northern Indian village.

-Mamta (Sadanah) Swaroop, MD FACS FICS FAIM

OUR ETHOS

Mission Statement: The Sadanah Foundation aims to build sustainable access to healthcare and education in low resource settings, by identifying, funding, and promoting grassroots organizations.

We believe in the power of grassroots organizations to make a meaningful impact both locally and globally. Unlike their foreign counterparts, grassroots organizations have a more nuanced understanding of the problems they solve. They are better able to navigate the social and political barriers to improve healthcare; they are seen as beneficiaries, partners, and credible messengers who can inspire collective action.

Sadanah gives grassroots organizations a voice on the global stage, so that others may benefit from their insights and stories. To this end, we not only support these organizations financially, but also provide leadership and direction to galvanize change. Additionally, we promote their work by hosting community engagement events, sharing their inspiring deeds on social media, and publishing academic literature about these organizations’ impact.

True to the motivations of Massi, we specifically support organizations that serve communities who are neglected by mainstream philanthropic efforts. These are places with an unmet need, no safety net, and little optimism for the future. These are places where if Sadanah were not contributing, few others would.
LIMITED RESOURCES

In spite of their unique ability to tackle local issues, grassroots organizations often lack the capital needed to sustain their efforts. The lack of capital results from:

Lack of donor awareness. Few philanthropic organizations strategically seek and evaluate grassroots organizations to maximize social return on investment. Little or no avenues exist for donors to learn about high quality grassroots organizations.

Lack of grassroots promotion. High quality grassroots organizations dedicate their resources to solving specific local problems, not by sharing their accomplishments with potential donors.

ACCESS TO HEALTH & EDUCATION

Healthcare around the world is “efficiently inefficient”. The dominant burden of health problems is being endured by the marginalized and vulnerable groups in society.

Every individual should have the right to access healthcare and education.

In education lies the solution to not only improve healthcare and health itself, but to also improve the socioeconomic status and resilience of vulnerable populations and societies in any low or high resource area.
Our goal is to facilitate a two-way exchange: bringing global resources to the world’s best kept secrets and sharing lessons from our partners with the rest of the world.

Our ultimate aspiration is to create a more connected global health community.
Featured in *O Magazine* and Vice News, TRUE Communities project leaders have conducted more than 75 free courses all over Chicago, training bystanders from different communities to take action in the event of a traumatic injury.

Over 1500 community members have been equipped with the confidence, knowledge, and skills needed to provide rapid and effective care to trauma victims.

Our community partnerships enable us to permeate into all aspects of society in Chicago. As we continue our work, we plan a train the trainers course to spread the knowledge throughout the city.

**1500+** Community members trained across Chicago.

**75+** Free Trauma First Responders Courses conducted.

**8+** High Schools taught with plans to incorporate additional schools.

**B O L I V I A N T R A U M A I N I T I A T I V E**

BTI's mission is to build a comprehensive trauma response infrastructure in Bolivia from the ground up. This means collaborating with the public sector to build a system for pre-hospital care as well as conducting quality improvement projects to ensure continued progress.

BTI's leaders have partnered with Bolivian government officials to: create a trauma registry, Advanced Trauma Life Support preparatory courses for providers, a dispatch system of ambulances, the first Bolivian paramedic school, research lab for Bolivian medical trainees, and enable a 911 like system with concurrent establishment of infrastructure needed for ongoing research on trauma prevention.
IHI's leaders in Nanakpur, a rural village in Northern India, collaborated with local government to promote the efforts of community health workers and to offer trauma first responder training courses.

With the help of the All India Institute of Medical Science and Postgraduate Institute of Medical Education & Research, they have conducted substantial community based research on the local burden of surgical disease and the availability of critical surgical resources.

Through a partnership with Project RISHI (Rural India Social and Health Improvement), a primary care clinic has been established in the community to improve access to healthcare for migrant and local laborers.

Sadanah is a labor of love.

Our staff currently works as volunteers donating their time to identify, oversee and promote the efforts of high-impact, high-quality grassroots organizations. Inspired by the early successes of the TRUE Communities Course, Bolivian Trauma Initiative, and Indian Health Initiative, we are asking for donations so that we can sustain and grow these successful projects with the hope of producing targeted results.

Additional donations will be dedicated to funding two equally promising projects on our horizon: the Cambodian Initiative, an effort to improve pre-hospital care for trauma victims in Cambodia, and International Student Surgical Network (InciSiOn), a medical student driven effort to improve surgical care worldwide.
To become a financial sponsor, please contact us at 312-927-2858 or mamta@sadanah.org

www.sadanah.org

The lamps are different, but the light is the same. -Rumi